

# How can I achieve fulfillment in my life?

“You may have ‘achievement’ when you got a good mark, but you are not ‘fulfilled’.”

The above words come from a German-Danish rock climbing and football enthusiast who studies our MSc Operations and Supply Chain Management, Andreas Bork. With a lot of envying career achievements in banking and consulting sectors, he put aside all these and pursued his fulfillment of being a full-time student.

To Andreas, achievement is just to reach goal set by himself or others, but fulfillment is to reach life enjoyment and satisfaction. In Hong Kong, he has been fulfilled by making friends all over the world and tried rocks from grades 5 to 10 (a difficulty grading scale for rock climbing sites).

## Alumni Interview



He failed the theoretical (not physical) test when he was 15 years old aiming to become the youngest 4th league referee in the state Schleswig-Holstein. Although the task was daunting and difficult, he wanted to give a try and aimed to master the challenge. Unfortunately, it did not work out in the first go but -based on the support from friends & family- in the second attempt he managed to get his licence 6 month later.

## Alumni Interview

His main 'suggestion' can be for people working in HK: Try to get achievement at work and always strive for the best but try to get fulfillment from social activities. Don't sacrifice your long term happiness / fulfillment by working too hard for a long time. He frankly said the support from friends and families was an indispensable source to pursue his fulfillment.

I tested him with a question, "What would you like to achieve in your rock-climbing?" He laughed, "Don't fall!" ... Really a fulfilled one from his life 😊!

Interview by :Ryan Chang



# David Dennison's view of "Fulfillment" and "Achievement"

23 years old, for most of us, is one year after graduating from our Bachelors. Here, I would like to introduce an outstanding 23-year-old French-British boy. Why outstanding? He received his Master's degree at 23. He's had work experience in Europe and is now working as an Operations Manager in Shenzhen. Other than study and work, he is an enthusiast of football, table tennis, pop music and nature. Who is he? Our MScOSCM graduate, David Dennison.



## Alumni Interview

During our chat, he shared his view of "fulfillment" and "achievement". "Achievement is a consequence of fulfillment," he said, "for example, the MScOSCM program enables students to become fulfilled, as abundant knowledge helps them to get higher jobs. Achievement is whether you can apply this knowledge in your career and throughout life." According to David, one of his fulfillments was having studied MScOSCM at CityU. His good application of knowledge learnt in the programme has been well recognised by a French employer who has a factory in Shenzhen. Therefore, David got this dream job from that employer. It is his achievement.

Besides, I saw David was very fulfilled in the Master's programme. When expressing his views on European and Chinese companies, his knowledge was well applied. He said that in order to achieve a competitive edge, European companies should focus more on the operating efficiency, e.g. maximising the usage of assets, whereas Chinese companies have to differentiate themselves with branding, product quality, etc.





As a successful 23-year-old graduate, David recommended that experience is very, very important. Experience helps people know what they want. Just like applying for MScOSCM, if applicants do not have some work experience or do not know clearly what the program is about, it will be hard for them to get fulfilled and feel to have achieved something.

Though David is European, his view of fulfillment and achievement accurately hits the situations in China and Hong Kong. Remember, get fulfilled first in order for you to achieve.

Interview by Ryan Chang